

Seahorses

Trans, Nonbinary, and Gender-Expansive Pregnancy

Edited by **Simon Knaphus**

Foreword by **Jacoby Ballard**

Seahorses is a groundbreaking anthology that shares the experiences of trans, nonbinary, and gender-expansive people who have navigated pregnancy.

What can trans, nonbinary, and gender-expansive people expect from pregnancy? What roles do supportive friends, family members, and care providers play? What are some of the fabulous family structures folks are creating?

This collection brings together a wide spectrum of voices to share unique stories about navigating family building, pregnancy, fertility treatments, conception, loss, healthcare, abortion, childbirth, the early days of parenting, and the intersections of legal, political, and cultural contexts. Alongside individual stories, this book features collaborative round-table discussions where contributors address shared questions about personal journeys, community, advice and information, and pregnancy care.

Seahorses is both a vital resource for trans, nonbinary, and gender-expansive communities and an invitation for readers of all genders to get a glimpse of trans joy and resilience that will stick with you and inspire you to love a little deeper. This book is an essential addition to conversations about gender, pregnancy, and family.

Contributors include Amari Ayomide, Amber Hickey, Felix Aster, g k somers, Halo Dawn, Jacoby Ballard, J. Workman, Jamie Cayley, Jess F Gutfreund, Kara Johnson Martone, Kathy Slaughter, Llfthrasir Green, Aakash Kishore, Simon Knaphus, Simone Kolysh, Tom, and Zillah Rose.

ABOUT THE CONTRIBUTORS

Simon Knaphus (he/him) is a trans dad and Social Security disability attorney. His publications include essays in *Rad Dad: Dispatches from the Frontiers of Fatherhood* and *Rad Families: A Celebration*. Simon consulted for *The Lunasea Scout Guide for Breastfeeding Families* and *Harm Reduction Hacks*. He exists in a web of beloved family and friends and dreams of a future built on radical love.

Jacoby Ballard is a social justice educator and yoga teacher in Salt Lake City and the author of *A Queer Dharma: Yoga and Meditations for Liberation*.

ACCOLADES

"By looking with love through a gender expansive lens, *Seahorses* shifts the narrative of reproductive health and justice for all of us. The stories uplift and dive into the honest and nuanced spectrum of human emotion: tenderly understanding grief, joy, rage, growth, intimacy. As we are situated in a violent and precarious political landscape with regard to body autonomy and gender, this book is needed now more than ever."

—Syan Rose, creator of *Our Work Is Everywhere: An Illustrated Oral History of Queer and Trans Resistance*

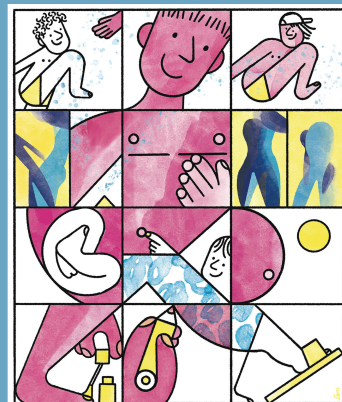
"*Seahorses* is a groundbreaking treasure! The first of its kind to compile the invaluable breadth of knowledge and wisdom held beyond the narrow confines of mainstream pregnancy and gender, making it not only an essential, diverse resource but also a thought provoking, heart expanding chronicle, voicing overlooked and underrepresented experiences. Everyone should read this book, regardless of gender or sexual orientation."

—Miles Borrero, *Beautiful Monster: A Becoming*

"May this book inspire you to embrace your story, find solace in shared experiences, and kindle the spark of belonging in every heart." —Trystan Reese, *How We Do Family*

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PM PRESS

P.O. Box 23912 • Oakland, CA 94623

www.pmpress.org • info@pmpress.org

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